Independent assessment of candidate HIV incidence assays on specimens in the CEPHIA repository

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Objective: Cross-sectional HIV incidence surveillance, using assays that distinguish ‘recent’ from ‘nonrecent’ infections, has been hampered by inadequate performance and characterization of incidence assays. In this study, the Consortium for the Evaluation and Performance of HIV Incidence Assays presents results of the first independent evaluation of five incidence assays (BED, Limiting Antigen Avidity, Less-sensitive Vitros, Vitros Avidity and BioRad Avidity).

Design: A large repository of diverse specimens from HIV-positive patients was established, multiple assays were run on 2500 selected specimens, and data were analyzed to estimate assay characteristics relevant for incidence surveillance.

Methods: The mean duration of recent infection (MDRI, average time ‘recent’ while infected for less than some time cut-off \( T \)) was estimated from longitudinal data on seroconverters by regression. The false-recent rate (FRR, probability of testing ‘recent’ when infected for longer than \( T \)) was explored by measuring the proportions of ‘recent’ results in various subsets of patients.

Results: Assays continue to fail to attain the simultaneously large MDRI and small FRR demanded by existing performance guidelines. All assays produce high FRRs amongst virally suppressed patients (>40%), including elite controllers and treated patients.

Conclusions: Results from this first independent evaluation provide valuable information about the current performance of assays, and suggest the need for further optimization. Variation of ‘recent’/‘nonrecent’ thresholds and the use of multiple antibody-maturation assays, as well as other biomarkers, can now be explored, using the rich data generated by the Consortium for the Evaluation and Performance of HIV Incidence Assays. Consistently high FRRs amongst those virally suppressed suggest that viral load will be a particularly valuable supplementary marker.

Video abstract: http://links.lww.com/QAD/A569

Keywords: biomarkers, HIV, incidence assays, incidence estimation, recent infection

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Introduction

Reliable measurement of HIV incidence (the rate of new infections) is essential for monitoring the epidemic, assessing interventions and planning studies. Traditionally, incidence is measured by counting the number of new infections acquired in a cohort of patients followed up over time. However, such longitudinal studies are often costly, time-consuming, and unrepresentative. Therefore, the estimation of incidence from cross-sectional surveys, using 'incidence assays' that distinguish 'recent' from 'nonrecent' infection, has attracted wide interest [1–4].

Cross-sectional surveillance is founded on the heuristic that a high prevalence of 'recent' infection indicates a high incidence. However, current incidence assays that provide a reasonably enduring state of 'recent' infection also tend to produce substantial 'false-recent' results at large times after infection. As the methodology matured, a general theoretical framework was developed that supports the consistent analysis of 'false-recent' results [5]. However, there have not been independent assessments of candidate assays, or consensus metrics of an assay's utility for incidence estimation.

In 2010, the Bill & Melinda Gates Foundation supported the establishment of the Consortium for the Evaluation and Performance of HIV Incidence Assays (CEPHIA) [6]. Over the past 3 years, CEPHIA has entered into collaborations and material transfer agreements to establish a large repository of precious plasma specimens with sufficient clinical background data. Test developers can apply for access to a small 'qualification panel' of specimens, and, if the assay is suitably promising, the assay can be independently applied (by a CEPHIA laboratory) to a much larger 'evaluation panel'.

In this study, results are presented for the first five assays that have successfully passed through the full evaluation: Limiting Antigen Avidity (LAg) [7], BED [8], Less-sensitive/Detuned Vitros [9], Vitros Avidity [9] and BioRad Avidity [10]. In principle, a test for recent infection can be arbitrarily complex in design, and can be optimized by tuning numerous parameters. The present evaluation is of tests for recent infection which are each based on a single incidence assay, applied according to the developers’ test conditions and interpretive guidelines. Test optimization, by the application of alternative thresholds in the interpretation of results, and using the assays in combination with one another or with supplemental markers (such as viral load), is ongoing.

Translating survey counts (of HIV-negative, ‘recently’ HIV-positive and ‘nonrecently’ HIV-positive patients) into incidence estimates [5] requires knowledge of two test properties:

1. The mean duration of recent infection (MDRI) – the average time spent alive and ‘recently’ infected, while infected for less than some time cut-off, denoted by \( T \).
2. The false-recent rate (FRR) – the probability that a randomly chosen patient, infected for longer than \( T \), will produce a ‘recent’ result.

A ‘target product profile’ (TPP) for tests for recent infection has been developed and attracted some attention [3,4,11], providing a number of objectives that incidence assays should meet to be of utility for incidence estimation. To achieve usefully precise incidence estimates, in real-world household surveys in high-incidence settings, an incidence assay should have a sufficiently enduring MDRI (on the order of 1 year) and small FRR (clearly less than 2%, and ideally zero). Furthermore, for feasible widespread use of the assay, results should be highly reproducible, and the training, equipment and sample type requirements should be modest.

In this study, we evaluate each assay’s MDRI and FRR. As the performance of incidence assays may vary across subpopulations, the characteristics of the incidence assays in various specimen sets are also explored.

Methods

The CEPHIA specimen repository and the evaluation panel

The CEPHIA repository is housed at the Blood Systems Research Institute (San Francisco, California, USA) and currently consists of more than 5000 plasma specimens obtained from over 1200 patients. The specimens were obtained through collaborations with blood banks, and clinical research studies enrolling and following patients over time: American Red Cross [12]; Blood Centers of the Pacific [13]; South African National Blood Service [14]; Hemocentro do São Paulo [15]; the University of California, San Francisco, Options study [16]; San Francisco Men’s Health Study [17]; the San Diego Primary Infection Cohort [18]; the multicenter AMPLIAR cohort [19]; the multicenter International AIDS Vaccine Initiative (IAVI) African Early Infection Cohort (Protocol C) [20]; and the University of California, San Francisco, Study of the Consequences of the Protease Inhibitor Era (SCOPE) [21].

Two ‘panels’ of specimens were created for the present purpose: a 250-member ‘qualification panel’ for preliminary assessments (see [22] for results), and a 2500-member ‘evaluation panel’ for the full assessments of assays showing suitable promise, which forms the basis of this study.

The evaluation panel specimens were drawn from 928 patients, with 60% of patients contributing multiple
Laboratory procedures and interpretation of assay results

Each of the five assays measures an aspect of an individual’s immune response, with measurements below some threshold interpreted as indicative of ‘recent’ infection.

BED [8,23] and LAg [7,24] (Sedia Biosciences Corporation, Portland, Oregon, USA) were developed specifically as incidence assays by the Centers for Disease Control and Prevention (CDC). The immunoglobulin G (IgG) capture BED enzyme immunoassay (EIA) measures the proportion of IgG that is specific to HIV, with a normalized optical density (ODn) below 0.8 indicating ‘recent’ infection. The single-well LAg EIA is responsive to the avidity of HIV-1-specific IgG, as it presents marginally low concentrations of a multiregion recombinant HIV-1 antigen, typically affording just a single binding site to the multivalent IgG or IgM antibodies. Whereas a ‘recent’/‘nonrecent’ threshold of 1.0 ODn was initially proposed, this was recently revised to 1.5 [24,25], following a review of the assay in which CEPHIA participated.

Both Less-sensitive Vitros (LS-Vitros) and Vitros Avidity [9] are based on the VITROS ECi/ECiQ Immuno-diagnostics System – a chemiluminescence assay that gives a quantitative measure of HIV antibodies (Ortho-Clinical Diagnostics, Inc., Rochester, New York, USA). For LS-Vitros, a reported signal-to-cut-off (S/C) below 20, for a diluted specimen, is interpreted as a ‘recent’ result. For Vitros Avidity, the ratio of the S/C in an aliquot treated with a chaotropic agent (guanidine) to the S/C value in an aliquot not thus treated yields an avidity index (AI). A ‘recent’/‘nonrecent’ threshold of 60% on the AI is used to classify the infection.

The BioRad Avidity test [10] is based on a modification of the Genetic Systems HIV-1/HIV-2 plus O EIA (BioRad Laboratories, Inc., Hercules, California, USA), and involves the testing of each specimen in the presence and absence of a chaotropic agent (diethylamine). The ratio of the reactivity of the treated to untreated aliquot produces an AI, with values below 40% indicating ‘recent’ infection.

All assays were applied according to developers’ standard operating procedures and package inserts [7–9,23,24], and protocols are available on the CEPHIA project website [6]. Testing was performed independently in CEPHIA laboratories, by technicians trained by the test developers and blinded to specimen background information. Three large-volume ‘control’ specimens (obtained from blood donations, and chosen to represent a range of serological responses) were supplied to laboratory technicians with each panel, for regular confirmation of reproducibility and stability of assays.

Data analysis

All data captured within CEPHIA are stored in a (MySQL) relational database. Database queries linked assay results to the background information on patients and specimens for data analysis (performed in Matlab R2013b, the MathWorks Inc.).

Test properties were evaluated in specimen sets defined by stratifying on treatment history, viral load, CD4 T-cell count, time from infection to specimen draw, and HIV subtype (based on country, for the 48% of specimens which lack explicit laboratory subtype confirmation). The performance of assays in ‘elite controllers’, broadly defined as patients who maintain undetectable or very low HIV viral loads without antiretroviral therapy (ART), is of particular interest. As the SCOPE study purposefully recruited elite controllers, these data were analyzed separately. These patients were ART-naive (or without ART for at least 6 months), with all off-treatment viral load measurements (HIV-1 RNA) below 200 copies/ml and at least 50% of these measurements below 75 copies/ml.

The definitions of the MDRI and FRR rely on the previously mentioned construct of a postinfection time cut-off T [5]. If T is chosen to be too short, this limits the possible MDRI and typically raises the FRR. If T is chosen to be too long, it becomes difficult to obtain sufficient data to characterize the test with sufficient precision over this time after infection, and the MDRI will also develop variation by time and place (properties inevitable for the FRR) rather than capture stable biological properties of the test. A cut-off value of T equal to 2 years is used throughout this study.

In practice, the notion of ‘infection’ implicit in the test property definitions refers to ‘detectable infection’, which depends on the particular HIV diagnostic test used in the incidence study. In this analysis, ‘detectable infection’ was defined as the time of seroconversion on an HIV viral lysate-based western blot assay. On the basis of a methodology described by the authors elsewhere (manuscript in preparation, by CEPHIA), infection dates were estimated for the 56% of patients who had recorded dates of last HIV-negative and first HIV-positive tests (not more than 120 days apart) and descriptions of the diagnostic assays used. Average durations of Fiebig stages [26,27] were used to estimate times at which patients seroconverted (corresponding to entering Fiebig stage 5). Patients with unambiguous acute retroviral syndrome (ARS) symptom onset dates [28–31] between their last HIV-negative and first HIV-positive test dates were estimated to seroconvert 17 days after ARS onset (on the basis of the
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observation that the incubation period of ARS symptoms is about 14 days [32–35], and that the time from exposure to Western blot seroconversion averages 31 days [26,27]).

A number of methods can reasonably be used to estimate the MDRI, each with its own accuracy, precision and complexity – as explored in a separate, detailed benchmarking exercise (manuscript in preparation, by a working group operating on behalf of the ‘HIV Modelling Consortium’ [36]). In this analysis, binomial regression, an approach found to be robust across a number of scenarios in this benchmarking project, and previously used for this purpose [37], has been applied. The model form is \( g(P_R(t)) = f(t) \), where \( P_R(t) \) is the probability of testing ‘recent’ at time \( t \) after infection, \( g \) is the chosen link function and \( f(t) \) contains the model parameters, which are estimated by a maximum likelihood approach. Results from a 4-parameter model form are presented, where \( g \) is the logit link and \( f(t) \) is a cubic polynomial in \( t \) (model A). Data points more than \( 1.1 \times T \) after infection were discarded before model fitting (data exclusion rule I), with the aim of achieving the best fit of the model over \([0, T]\) after infection, while avoiding diluting the data around the boundary at \( T \). Sensitivity of results when increasing the data exclusion cut-off to \( 2 \times T \) (data exclusion rule II) was also considered. Variation in results was explored when fitting two other model forms, namely a more restrictive 2-parameter model, where \( g \) is the log-log link and \( f(t) \) is a linear function of \( \ln(t) \) (model B); and a flexible 7-parameter model, where \( g \) is the logit link and \( f(t) \) is a linear function of the natural cubic spline basis functions with interior knots occurring every 3 months after infection, between 0 and \( T \) after infection (model C). In all cases, the MDRI, expressed mathematically as \( \int_0^T P_R(t)\,dt \), was estimated using the fitted \( P_R(t) = g^{-1}(f(t)) \).

To correctly account for the structure of the data, in the absence of explicit patient-level clustering in the fitted models, bootstrapping was performed by sampling patients (not observations) with replacement. The 2.5th and 97.5th percentiles of 10,000 MDRI estimate replicates provided 95% confidence interval (CI) limits [38].

A population-level FRR is inherently dependent on the epidemiological and demographic history of a study population [5], and so a set of specimens, such as in the CEPHIA repository, can only be used to estimate the FRR in well-defined subpopulations. Therefore, specimens from long-infected patients were identified (specimens drawn at least \( T \) after the patient’s first recorded HIV-positive visit), and the proportion of ‘recently’ infected patients estimated in each of the specimen sets described above. To capture patient-level clustering, when a patient provided more than one result to any FRR estimate, the most frequent classification was used. Exact Clopper–Pearson 95% CIs [39] are provided.

Results

The incidence assay dynamics, excluding specimens from treated patients and SCOPE elite controllers, are shown in Figs 1–3. The evolution of assay readings by time since infection is shown in Fig. 1. The distribution of results for specimens drawn more than \( T = 2 \) years after infection is shown in Fig. 2. In Fig. 3, the proportion of ‘recent’ results (assay measurements below the ‘recent’/‘nonrecent’ threshold) is plotted by time since infection, also stratified by HIV subtype (A1, B, C and D). Note that there is natural variability in biomarker maturation, leading to a significant number of patients reaching the standard ‘recent’/‘nonrecent’ threshold more than 1 year but less than 2 years after infection, and there is significant delay or failure to achieve maturation to ‘nonrecent’ status among specimens of subtypes A1 and D.

Table 1 provides estimated test properties for the various specimen sets. LAg has an estimated MDRI of 188 days (95% CI 165–211), whereas the remaining assays have MDRI estimates of 285–333 days (CIs spanning 254–363 days). Results were insensitive (less than a 2% change in results) to whether ARS symptoms onset dates were used to adjust estimated infection dates, a change to data exclusion rule II, and the use of alternative model C. MDRI estimates increased by 2–4% when changing to model B, which was the most sensitive to the data exclusion rules (4–10% increase in estimates when changing to data exclusion rule II).

Excluding treated patients and SCOPE elite controllers, and analyzing all remaining specimens drawn more than \( T = 2 \) years after infection, the measured FRR ranges from 1% (95% CI 0.3–3%) for LAg to 6–10% (95% CIs spanning 3–14%) for the remaining assays.

When stratifying by time since infection, the varying persistence of ‘recent’ classifications across assays is evident, with LAg exhibiting the leanest tail of persistence of ‘recent’ infection.

The FRR amongst elite controller specimens is high for all assays, and averages 25% (minimum of 13% to a maximum of 48% across assays). The FRR amongst treated patients is even higher, averaging 65% (minimum of 50% to a maximum of 76% across assays). Further stratifying treated patients by time from infection to treatment initiation, the FRR decreases as the time to treatment initiation increases: for early treatment initiation (within 6 months of infection) the average FRR is 84% (64–93%), whereas for later treatment initiation (more than 6 months after infection) it is 41% (27–57%).

The FRR for patients with low viral loads — here defined as below 75 copies/ml — is high, averaging 55% (41–69%). This is consistent with the results above, as
92% of this specimen set is made up of specimens from the identified elite controllers and treated patients (and 94% of specimens from SCOPE elite controllers and treated patients have a low viral load).

Lastly, the FRR amongst patients with low CD4$^+$ T-cell counts, namely less than 200 cells/μl and acting as a proxy for AIDS identification, was relatively low, averaging 2% (0–4%). Further stratifying this group by CD4$^+$ T-cell count (not shown) did not reveal any patterns.

Table 2 lists MDRI and FRR by subtype. The most significant pair-wise differences in the MDRIs were between subtype A1 and any other, on the Vitros platform. With one exception, notably small P values for pair-wise subtype differences in the FRRs involve A1 or D and a non-A1, non-D subtype, dominated by LS-Vitros, Vitros Avidity and BioRad Avidity results. Whereas these initial results highlight potential subtype differences, a more definitive analysis (beyond the present scope) should be based on a large number of subtype D and A1 specimens, and estimation procedures specifically adapted to this stratification.

**Discussion**

The application of cross-sectional HIV incidence surveillance, utilizing tests for recent infection, has been hampered by the lack of high-performance incidence
assays and the lack of independent, rigorous and consistent evaluations of candidate assays [2–4]. Over the past 3 years, CEPHIA [6] has developed a substantial repository of precious specimens, and begun using these specimens to evaluate the most promising incidence assays. Results for LAg, BED, LS-Vitros, Vitros Avidity and BioRad Avidity are presented above.

Assays can be evaluated against a TPP [3,4,11]: not only should the technology be affordable, practical and transferable to other laboratories, but the MDRI should be sufficiently long (of order 1 year) and FRR small (ideally zero, and less than 2%). Results suggest that incidence assays continue to struggle to simultaneously achieve these two test property goals, with no single assay unequivocally meeting the criteria set out in the TPP. Compared to the increasingly used LAg assay, the other assays provide larger MDRIs, but also higher FRRs.

While a stable, high-performance incidence assay should ideally produce a consistently small FRR, regardless of the study population, data from this work help to understand some of the reasons why an assay’s performance could be unstable and FRRs may be large. All assays produce particularly high FRRs amongst elite controllers (>10%) and treated patients (>50%), and the size of these subpopulations will vary by region and time. In a surveillance study, identifying these patients is problematic, as there is no universal definition of or test for elite controllers, and self-reported treatment status may be unreliable. Furthermore, earlier initiation of treatment is associated with a higher FRR, in line with varying impacts of treatment on immune responses by treatment timing [41,42]. Context strongly affects when patients begin treatment: for example, in some states in the USA, patients are offered treatment immediately following HIV diagnosis [43], whereas in South Africa, most HIV-positive patients are unable to access treatment until CD4+ T-cell counts drop below 350 copies/ml [44]. In this study, 94% of specimens from elite controllers and treated patients also had a low viral load (<75 copies/ml), and so viral load testing provides a potential tool to screen for these high-FRR patients – specimens with viral loads below an optimized threshold would be classified as ‘nonrecent’. Note that such a change in the ‘recent’ infection classification rule will also impact (reduce) the MDRI. Surveys could also directly test for the presence of antiretroviral drugs to identify treated patients [45].

Properties for each assay have been estimated here on the standardized basis of a Western blot being used to identify HIV-positive patients. However, other diagnostic screening tests are likely to be used in incidence studies, and the time between HIV exposure and reactivity on these tests can differ by several weeks [26,27,46]. Therefore, for application to incidence studies, the base case MDRI reported here would need to be increased or decreased – depending on the
particular screening test or algorithm used in the study to classify a specimen as HIV-positive, and hence eligible for ‘recent’ infection testing.

The results presented here should not be viewed as discouraging, as they provide a consistent, independent characterization of these candidate incidence assays. Large FRRs continue to limit the utility of single incidence assays, and subtype-specific test behavior should be further explored. This study provides the basis for exploring optimization through such adjustments as variation of ‘recent’/‘nonrecent’ thresholds, inclusion of supplemental tests (in particular, viral load), and the use of multiple incidence assays, all of which is the subject of ongoing work within and beyond CEPHIA [2,4,37,48]. Optimization should also consider the time cut-off $T$, to distinguish ‘true-recent’ from ‘false-recent’ results. Although $T$ should not be too large, the value of $T$ was increased from 1 year, as used in preliminary analyses [49], to 2 years in this study, to better capture the tails of persisting ‘recent’ results and thus reduce FRRs. Ongoing analyses also include the evaluation of tests for recent infection using the precision of the incidence estimator as a summary performance metric [50]. In addition, efforts are being made to capture more detailed information on cohorts’ diagnostic testing protocols and more complete testing histories of patients – providing the required data to further refine estimated infection dates for later analyses of assay results.

The repository of specimens and data assembled by CEPHIA provide a unique opportunity to further advance the investigation and refinement of markers of
Table 1. Estimated test properties (and 95% confidence intervals) for each assay, for various specimen sets.

<table>
<thead>
<tr>
<th>'Recent'/nonrecent' threshold (unit)</th>
<th>Number of patients (data points)</th>
<th>LAg</th>
<th>BED</th>
<th>LS-Vitros</th>
<th>Vitros Avidity</th>
<th>BioRad Avidity</th>
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<td></td>
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<tr>
<td>MDRI (days)</td>
<td>All specimens</td>
<td>400</td>
<td>188</td>
<td>302</td>
<td>285 (254–316)</td>
<td>333 (302–363)</td>
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<td></td>
<td>(0, 0.5)</td>
<td>53</td>
<td>27</td>
<td>40.6</td>
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<td></td>
<td>Low viral load</td>
<td>154</td>
<td>47</td>
<td>68.5</td>
<td>40.6 (32.8–48.8)</td>
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<tr>
<td></td>
<td>Low CD4+ T-cell count</td>
<td>124</td>
<td>0.0</td>
<td>2.4</td>
<td>1.6 (0.2–5.7)</td>
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AI, avidity index; FRR, false-recent rate; LAg, Limiting Antigen Avidity; LS-Vitros, Less-sensitive Vitros; MDRI, mean duration of recent infection; ODn, normalized optical density; S/C, signal-to-cut-off.

*Using an HIV viral lysate-based Western blot assay to identify HIV-positive patients, and thereby evaluating ten incidence assays in its first phase. A second phase of CEPHIA, known as CEPHIA II and also funded by the Bill & Melinda Gates Foundation (BMGF), was launched in the beginning of 2013. Under CEPHIA II, the repository is being expanded to include nonplasma specimens (such as linked whole blood, oral fluid, urine and stool) that are being prospectively collected through collaborations with various study sites. CEPHIA is also supporting biomarker

Table 2. Estimated test properties (95% confidence intervals) for each assay, by subtype.

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*In a test for pair-wise differences in MDRIs by subtype, using a z-test, the following pairs provided P-values below 0.05: LAg – B and D; BED – A1 and B; Vitros Avidity – A1 and B; A1 and C, A1 and D; BioRad Avidity – B and D. E and D. Estimated SDs of the MDRI estimators are used as proxies for true values, and therefore tests are anticonservative (particularly when sample sizes are small).

*In a test for pair-wise differences in FRRs by subtype, using the Fisher-Boschloo test [40], the following pairs provided P-values below 0.05: BED – A1 and B; LS-Vitros – A1 and B, A1 and C, Vitros Avidity – A1 and B, A1 and C, B and D; BioRad Avidity – A1 and B, A1 and D, B and D, C and D.
discovery projects funded by the BMGF and US National Institutes of Health (NIH), with a focus on earlier steps in the development pathway. Further updates on CEPHIA activities can be found on the project website (http://www.incidence-estimation.com/page/cephia).

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Conflicts of interest

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